

Morning Prayer Rite II

August 4th 2020 | 9:00am

All videos available at

www.facebook.com/StAlbansSinkingSpring/videos

The entire liturgy for Morning Prayer is found below.

Words to be said in unison or as a congregational response are found in bold.

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*The office begins on **BCP 78** with the Opening Sentence*

The hour is coming, and now is, when the true worshipers will worship the Father in spirit and in truth, for such the Father seeks to worship him. *John 4:23*

The Officiant says to the people

Let us confess our sins against God and our neighbor.

Silence may be kept.

Officiant and People together

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

St. Alban's



St. Thomas



Episcopal
Church

Officiant Lord, open our lips.
People **And our mouth shall proclaim your praise.**

Officiant and People

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen. Alleluia.**

Jubilate (BCP 82)

**Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.**

**Know this: The Lord himself is God; *
he himself has made us, and we are his;
we are his people and the sheep of his pasture.**

**Enter his gates with thanksgiving;
go into his courts with praise; *
give thanks to him and call upon his Name.**

**For the Lord is good;
his mercy is everlasting; *
and his faithfulness endures from age to age.**

The Psalm

Psalm 78:1-39 (BCP 694)

1 Hear my teaching, O my people; *
incline your ears to the words of my mouth.

2 **I will open my mouth in a parable; *
I will declare the mysteries of ancient times.**

3 That which we have heard and known,
and what our forefathers have told us, *
we will not hide from their children.

4 **We will recount to generations to come
the praiseworthy deeds and the power of the Lord, *
and the wonderful works he has done.**

5 He gave his decrees to Jacob
and established a law for Israel, *
which he commanded them to teach their children;

**6 That the generations to come might know,
and the children yet unborn; *
that they in their turn might tell it to their children;**

7 So that they might put their trust in God, *
and not forget the deeds of God,
but keep his commandments;

**8 And not be like their forefathers,
a stubborn and rebellious generation, *
a generation whose heart was not steadfast,
and whose spirit was not faithful to God.**

9 The people of Ephraim, armed with the bow, *
turned back in the day of battle;

**10 They did not keep the covenant of God, *
and refused to walk in his law;**

11 They forgot what he had done, *
and the wonders he had shown them.

**12 He worked marvels in the sight of their forefathers, *
in the land of Egypt, in the field of Zoan.**

13 He split open the sea and let them pass through; *
he made the waters stand up like walls.

**14 He led them with a cloud by day, *
and all the night through with a glow of fire.**

15 He split the hard rocks in the wilderness *
and gave them drink as from the great deep.

**16 He brought streams out of the cliff, *
and the waters gushed out like rivers.**

17 But they went on sinning against him, *
rebellious in the desert against the Most High.

**18 They tested God in their hearts, *
demanding food for their craving.**

19 They railed against God and said, *
“Can God set a table in the wilderness?”

**20 True, he struck the rock, the waters gushed out, and the gullies overflowed; *
but is he able to give bread
or to provide meat for his people?"**

21 When the Lord heard this, he was full of wrath; *
a fire was kindled against Jacob,
and his anger mounted against Israel;

**22 For they had no faith in God, *
nor did they put their trust in his saving power.**

23 So he commanded the clouds above *
and opened the doors of heaven.

**24 He rained down manna upon them to eat *
and gave them grain from heaven.**

25 So mortals ate the bread of angels; *
he provided for them food enough.

**26 He caused the east wind to blow in the heavens *
and led out the south wind by his might.**

27 He rained down flesh upon them like dust *
and wingèd birds like the sand of the sea.

**28 He let it fall in the midst of their camp *
and round about their dwellings.**

29 So they ate and were well filled, *
for he gave them what they craved.

**30 But they did not stop their craving, *
though the food was still in their mouths.**

31 So God's anger mounted against them; *
he slew their strongest men
and laid low the youth of Israel.

**32 In spite of all this, they went on sinning *
and had no faith in his wonderful works.**

33 So he brought their days to an end like a breath *
and their years in sudden terror.

**34 Whenever he slew them, they would seek him, *
and repent, and diligently search for God.**

35 They would remember that God was their rock, *
and the Most High God their redeemer.

**36 But they flattered him with their mouths *
and lied to him with their tongues.**

37 Their heart was not steadfast toward him, *
and they were not faithful to his covenant.

**38 But he was so merciful that he forgave their sins
and did not destroy them; *
many times he held back his anger
and did not permit his wrath to be roused.**

39 For he remembered that they were but flesh, *
a breath that goes forth and does not return.

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.**

The First Lesson
Judges 7:1-18

A reading from Judges.

Then Jerubbaal (that is, Gideon) and all the troops that were with him rose early and encamped beside the spring of Harod; and the camp of Midian was north of them, below the hill of Moreh, in the valley.

The Lord said to Gideon, "The troops with you are too many for me to give the Midianites into their hand. Israel would only take the credit away from me, saying, 'My own hand has delivered me.' Now therefore proclaim this in the hearing of the troops, 'Whoever is fearful and trembling, let him return home.'" Thus Gideon sifted them out; twenty-two thousand returned, and ten thousand remained.

Then the Lord said to Gideon, "The troops are still too many; take them down to the water and I will sift them out for you there. When I say, 'This one shall go with you,' he shall go with you; and when I say, 'This one shall not go with you,' he shall not go." So he brought the troops down to the water; and the Lord said to Gideon, "All those who lap the water with their tongues, as a dog laps, you shall put to one side; all those who kneel down to drink, putting their hands to their mouths, you shall put to the other side." The number of those that lapped was three hundred; but all the rest of the troops knelt down to drink water. Then the Lord said to Gideon, "With the three hundred that lapped I will deliver you, and give the Midianites into your hand. Let all the others go to their homes." So he took the jars of the troops from their hands, and their trumpets; and he sent all the rest of Israel back to their own tents, but retained the three hundred. The camp of Midian was below him in the valley.

That same night the Lord said to him, "Get up, attack the camp; for I have given it into your hand. But if you fear to attack, go down to the camp with your servant Purah; and you shall hear what they say, and afterward your hands shall be strengthened to attack the camp." Then he went down with his servant Purah to the outposts of the armed men that were in the camp. The Midianites and the Amalekites and all the people of the east lay along the valley as thick as locusts; and their camels were without number, countless as the sand on the seashore. When Gideon arrived, there was a man telling a dream to his comrade; and he said, "I had a dream, and in it a cake of barley bread tumbled into the camp of Midian, and came to the tent, and struck it so that it fell; it turned upside down, and the tent collapsed." And his comrade answered, "This is no other than the sword of Gideon son of Joash, a man of Israel; into his hand God has given Midian and all the army."

When Gideon heard the telling of the dream and its interpretation, he worshiped; and he returned to the camp of Israel, and said, "Get up; for the Lord has given the army of Midian into your hand." After he divided the three hundred men into three companies, and put trumpets into the hands of all of them, and empty jars, with torches inside the jars, he said to them, "Look at me, and do the same; when I come to the outskirts of the camp, do as I do. When I blow the trumpet, I and all who are with me, then you also blow the trumpets around the whole camp, and shout, 'For the Lord and for Gideon!'"

The Word of the Lord.

People **Thanks be to God.**

Canticle 13 (BCP 90)

A Song of Praise

Glory to you, Lord God of our fathers; *
you are worthy of praise; glory to you.
Glory to you for the radiance of your holy Name; *
we will praise you and highly exalt you for ever.

Glory to you in the splendor of your temple; *
on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim; *
we will praise you and highly exalt you for ever.

Glory to you, beholding the depths; *
in the high vault of heaven, glory to you.
Glory to you, Father, Son, and Holy Spirit; *
we will praise you and highly exalt you for ever.

The Second Lesson

John 1:19-28

A reading from the Gospel of John.

This is the testimony given by John when the Jews sent priests and Levites from Jerusalem to ask him, "Who are you?" He confessed and did not deny it, but confessed, "I am not the Messiah." And they asked him, "What then? Are you Elijah?" He said, "I am not." "Are you the prophet?" He answered, "No." Then they said to him, "Who are you? Let us have an answer for those who sent us. What do you say about yourself?" He said,

“I am the voice of one crying out in the wilderness,
‘Make straight the way of the Lord,’”

as the prophet Isaiah said.

Now they had been sent from the Pharisees. They asked him, “Why then are you baptizing if you are neither the Messiah, nor Elijah, nor the prophet?” John answered them, “I baptize with water. Among you stands one whom you do not know, the one who is coming after me; I am not worthy to untie the thong of his sandal.” This took place in Bethany across the Jordan where John was baptizing.

The Word of the Lord.

People **Thanks be to God.**

Canticle 16 (BCP 92)

The Song of Zechariah

Blessed be the Lord, the God of Israel; *
 he has come to his people and set them free.
He has raised up for us a mighty savior, *
 born of the house of his servant David.
Through his holy prophets he promised of old,
that he would save us from our enemies, *
 from the hands of all who hate us.
He promised to show mercy to our fathers *
 and to remember his holy covenant.
This was the oath he swore to our father Abraham, *
 to set us free from the hands of our enemies,
Free to worship him without fear, *
 holy and righteous in his sight
 all the days of our life.
You, my child, shall be called the prophet of the Most High, *
 for you will go before the Lord to prepare his way,
To give his people knowledge of salvation *
 by the forgiveness of their sins.
In the tender compassion of our God *
 the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the
 shadow of death, *
 and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: *
 as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed (BCP 96)

Officiant and People together

**I believe in God, the Father almighty,
creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen.**

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

Officiant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

V. Save your people, Lord, and bless your inheritance;
R. Govern and uphold them, now and always.
V. Day by day we bless you;
R. We praise your name for ever.
V. Lord, keep us from all sin today;
R. Have mercy upon us, Lord, have mercy.
V. Lord, show us your love and mercy;
R. For we put our trust in you.
V. In you, Lord, is our hope;
R. And we shall never hope in vain.

The Collect of the Day (Proper 13)

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for the Renewal of Life

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning; Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

Silence may be kept, and free intercessions and thanksgivings may be offered.

A Prayer of St. Chrysostom (**BCP 102**)

Officiant and People

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

Then may be said

Let us bless the Lord.

Thanks be to God.

The Officiant may then conclude with the following

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. **Amen.**

Romans 15:13

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